

About the Fast Pitch Softball Camp

Dyersburg State Community College will provide an intensive camp for softball players utilizing the knowledge, skill, and experience of DSCC coaches and players. Each camper will be exposed to the best instruction possible in the mental and physical aspects of hitting, throwing, and defense. Campers will learn about game fundamentals, conditioning, attitude, situations, mental concentration, strategies, plus much more.

About the Coach

COACH RANDY HULME

15 Years Fastpitch Playing Experience

Member of : 6 State Championship Teams
 3 State Runner-Up Teams
 2 South Atlantic Regional
 Championship Teams
 3 Regional Runner-Up Teams
 1 National Tournament Appearance

14 Years Fastpitch Coaching Experience

1996-09

Northwest Tennessee Spirits

'98-'99, '03 District Champions
 '01, '05 State Champions 18-U
 '02 3rd Place National Tournament
Overall Record (212 - 108)

1996-99

Dyer County High School - Record 56 - 38

1999-Present

Dyersburg State Community College

'01 3rd Place - Western Division
 4th Place - Region VII
 '02 3rd Place - Western Division
 6th Place - Region VII
 '03 4th Place - Western Division
 8th Place - Region VII
 '04 4th Place - Western Division
 7th Place - Region VII
 '05 3rd Place - Western Division
 6th Place - Region VII
 '06 8th Place - Region
 '07 3rd Place - Western Division
 6th Place - Region VII
 '08 8th Place - Region
Overall Record 122 - 213

THE LADY EAGLES

Compete in the Tennessee Community College Athletic Association and the National Junior College Athletic Association Region 7.

SPRING 2010 SCHEDULE

DATE	EVENT	AT	TIME
Feb. 20	Bethel College	A	Noon
Feb. 23	Williams-Baptist	A	1:00 p.m.
Feb. 27	OLNEY CENTRAL	H	NOON
Mar. 5	WILLIAMS-BAPTIST	H	1:30 p.m.
Mar. 6	ARKANSAS-BAPTIST	H	NOON
Mar. 8	East Central	A	2:00 p.m.
Mar. 9	Mineral Area	A	2:00 p.m.
Mar. 11	THREE RIVERS	H	1:00 p.m.
Mar. 13	Arkansas-Baptist	A	Noon
Mar. 16	Lane College	A	2:00 p.m.
Mar. 19*	MOTLOW STATE C.C.	H	2:00 p.m.
Mar. 20*	CHATTANOOGA STATE C.C.	H	NOON
Mar. 23*	Jackson State C. C.	A	5:00 p.m.
Mar. 26*	Columbia State C. C.	A	5:00 p.m.
Mar 27	Volunteer State C. C.	A	Noon
Mar. 30	JACKSON STATE C.C.	H	3:00 p.m.
April 2*	VOLUNTEER STATE C.C.	H	2:00 p.m.
April 3	MINERAL AREA	H	NOON
April 9*	ROANE STATE C.C.	H	2:00-4:00
April 10*	WALTERS STATE C.C.	H	NOON
April 13*	Southwest TN C. C.	A	3:00 p.m.
April 16	Hiwassee	A	9:30 a.m. (EST)
April 17*	Cleveland State	A	Noon (EST)
April 20	Three Rivers	A	2:00 p.m.
April 23	SOUTHWEST TN C.C.	H	4:00 p.m.
April 24	CROWLEYS RIDGE	H	1:00 p.m.

May 7-11 Region VII Tournament TBA

(Home Games In **All Caps**)

* Denotes Divisional Games ** Denotes Eastern Timezone

All Dates are Doubleheaders

Dr. Karen Bowyer, President

Dr. Mary Ann Sellars, Vice President

Dr. Larry Chapman, Dean of Student Services

Alan Barnett, Athletic Director and

Men's Basketball Coach

Randy Hulme, Women's Softball Coach

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E-mail: hulme@dsc.edu

PUB-10-09-59



Fast Pitch Softball Camp 2010

For Young Women
 1st — 12th Grades

Improve Performance through
 Hitting and Defensive Training

February 6, 2010

PRACTICE THE FUNDAMENTALS of the DSCC LADY EAGLES SOFTBALL TEAM

Learn the fundamental drills practiced by college softball players in their daily practice sessions!

CAMP FEATURES

- Individual Evaluation
- Classroom Lectures
- Group and Individual Instruction
- Demonstration and Drills
- Strength and Conditioning Drills
- Film Study
- Indoor Batting Cage Practice
- Video Observation (If available)

CAMP FEES

Each Camper: \$60.00
Team Rates: \$500.00
(MINIMUM 10 - MAXIMUM 14 PLAYERS)

WHAT TO BRING

- Indoor practice shoes
- Outdoor practice shoes
- Glove, Bat, Batting Gloves

The camp will be held in the
DSCC E. H. Lannom, Jr. Gymnasium
located on the Dyersburg campus.

Campers will learn fundamental drills that they will be able to use throughout their playing careers. These drills are divided into two major areas.

HITTING CAMP

Fundamental drills will include:

- Use of Circuit Training Technique
- Footwork Instruction
- Leg Action Instruction
- Arm Action Instruction
- Timing Instruction
- Mental Strategies

DEFENSIVE STRATEGIES

Fundamental drills will include:

- Footwork Instruction
- Arm Action Instruction
- Various Grips
- Agility Drills
- Conditioning Drills
- Fielding Practice
- Mental Strategies

CAMP DATE & TIMES

Walk-In Registration - 7:30 a.m.
February 6, 2010
Hitting Camp 8:00 a.m. — 12:00 p.m.
Lunch 12:00 p.m. — 1:00 p.m. (Campers Only)
Defensive Camp 1:00 p.m. — 3:00 p.m.

FOR MORE INFORMATION CONTACT

Randy Hulme (731) 286-3274
E-mail: hulme@dsccl.edu
Fax (731) 288-7743
DSCC Athletic Dept. (731) 286-3260

APPLICATION

Name _____ Birth Date _____ Age _____ Grade _____

Address _____ City/State _____ Zip _____

Home Phone _____

Circle T-Shirt Size: Youth: M L XL
Adult: S M L XL XXL

PARENTAL STATEMENT

I hereby request my daughter, son or ward to be admitted to the DSCC Softball Camp. My dependant has had an adequate medical examination and is physically able to participate in the softball activities. I also authorize the camp directors to act for me according to their best judgement in any emergency requiring medical attention for which services I shall pay. I for myself and the player hereby release the host facility, its coaches and employees from any liability from any event or consequences whatsoever in any way arising out of or relating to the members participating in this softball camp.

Parent/Guardian Signature _____

Mail Application and Make check payable to: DSCC Lady Eagles Softball, 1510 Lake Road, Dyersburg, TN 38024