

# Dyersburg State Community College **Sexual Assault Awareness, Prevention, and Survivor Guide 2015-2016**

## **Emergency Telephone Numbers**

**All Locations call 911**

You must inform the 911 operator of your location, i.e. building and room number.

### *Dyersburg Campus*

- Campus phone - dial 910
- Call Campus Security - 731-589-3250

### *DSCC Gibson County Center*

- Center phone - dial 7800
- Day or Evening Classes call - 731-222-5141

### *DSCC Jimmy Naifeh Center at Tipton County*

- Center phone - dial 1397
- Call Campus Security - 901-201-1344

# Sexual Assault Awareness, Prevention, and Survivor Guide

Dyersburg State Community College is committed to creating an environment free from threat of sexual assault, while actively responding to the needs of those affected by sexual assault. Consistent with this commitment, Dyersburg State Community College has created a Sexual Assault Education and Prevention Information internet web page, which serves as the primary source for awareness, advocacy and referral. Information is also included in this brochure.

Sexual assault is defined as any attempted or actual unwanted sexual behavior. Sexual assault occurs along a continuum of intrusion and violation ranging from unwanted sexual comments to forced sexual intercourse. Sexual intrusions and violations of any degree are serious offenses and compromise the integrity of the College community. All forms of sexual assault are prohibited at Dyersburg State Community College.

## Definitions of Sexual Offenses

As per the National Incident-Based Reporting System Edition of the Uniform Crime Reporting Program, sex offenses are defined as any sexual act directed against another person, forcible and/or against the person's will; or not forcible or against the person's will where the victim is incapable of giving consent.

### **Sex Offenses - Forcible**

A. Forcible Rape - the carnal knowledge of a person, forcible and/or against the person's will; or not forcible or against the person's will where the victim is incapable of giving consent because of his/her temporary or permanent mental or physical incapacity (or because of his/her youth).

B. Forcible Sodomy - Oral or anal sexual intercourse with another person, forcible and/or against that person's will; or not forcible against the person's will where the victim is incapable of giving consent because of his/her youth or because of his/her temporary or permanent mental or physical incapacity.

C. Sexual Assault with an Object - the use of an object or instrument to unlawfully penetrate, however slightly, the genital or anal opening of the body of another person, forcibly and/or against that person's will; or, not forcibly or against the person's will where the victim is incapable of giving consent because of his/her youth or because of his/her temporary or permanent mental or physical incapacity.

D. Forcible Fondling - the touching of the private body parts of another person for the purpose of sexual gratification, forcible and/or against that person's will; or, not forcible or against the person's will where the victim is incapable of giving consent because of his/her youth or because of his/her temporary or permanent mental or physical incapacity.

## **Sex Offenses - Non-Forcible**

Unlawful, non-f forcible sexual intercourse.

A. Incest - non-f forcible sexual intercourse between persons who are related to each other within the degrees wherein marriage is prohibited by law.

B. Statutory Rape - non-f forcible sexual intercourse with a person who is under the statutory age of consent.

## **When the assault has happened to someone you know.**

When someone you know or care about has been assaulted, it is normal for you to feel upset and confused. At a time when you may want to help most, you will be dealing with a crisis of your own.

You may find it difficult to listen when he or she needs to talk about his or her feelings. You may hope that by not talking about it at all, the feelings both of you have will go away.

You may be tempted to make the decision for intimacy sooner than the survivor. Others may be over-protective of the survivor. Others may feel repulsed. You may want to hide the assault from others. You may feel disturbed or confused when the survivor continues to be affected for weeks, months, and even years.

Maybe you feel guilty and responsible, believing you could somehow have prevented the assault. You may also feel anger at the survivor or at everyone in general.

All of these feelings are understandable following the sexual assault of someone you love. Please know that if these feelings are hidden or expressed in hurtful ways, they can interfere with the resolution of your crisis and that of the survivor.

The survivor may need your support and understanding. You, however, also need support. Rape is a violent assault, not a sexually-motivated or gratifying act. The rapist's aim is to dominate, humiliate, control and degrade the victim. Because the same body parts are involved in sexual assault as in making love, many people confuse sex and violence. Some respond to a survivor as if she/he provoked, wanted or enjoyed it.

Many people also believe rape is not traumatic. Not understanding the reality of sexual assault can make the crisis more difficult for both of you. The emotional impact of sexual assault does not disappear, and talking about it can help. Your feelings are normal, and resources are available for you too.

Students affected by sexual assault may also seek assistance in seeking and obtaining academic accommodations.

# SURVIVOR GUIDE

Members of the Dyersburg State Community College community who have been sexually assaulted are strongly encouraged to:

1. Talk to a Dyersburg State Community College counselor (ext. 3242) and sexual harassment coordinator (Director of Human Resources, ext. 3316).
2. Report the assault to Dyersburg State Community College Security or a Dyersburg State Community College employee.
3. Obtain medical assistance.

## **If you are a victim of sexual assault:**

- Get to a safe place.
- Do not shower, bathe, wash your hands, brush your teeth, use the toilet or clean up in any way. You could destroy evidence.
- Do not change or destroy clothing. Your clothes are evidence.
- If it was in your home, do not rearrange and/or clean up anything. You could destroy evidence.
- Get medical attention as soon as possible. (Evidence should be collected when you get to the hospital.)
- Contact a friend or family member you trust or call the local rape crisis center hotline.
- Most of all, know this is not your fault.
- Determine whether to report the crime.
- Ask for a police or security officer if you choose to report.
- Locate an attorney to represent you (the prosecutor is not your attorney.)
- Sue the rapist in civil court for money.
- Request that someone accompany you in the examination room.
- Be considered a rape victim/survivor regardless of the rapist's relationship to you.

Survivors are advised to report any assault to Dyersburg State Community College Security as soon as possible after the incident. Thus, evidence, which might otherwise be lost after time has elapsed, can be collected. All reports of sexual assault are confidential to the extent allowed by law. Reporting sexual assault to Dyersburg State Community College Security or Dyersburg State Community College employee in no way compels an individual to pursue a specific course of action. However, reporting does enable an individual to be apprised of the medical, emotional, legal and College options when dealing with the sexual assault. College personnel will assist students who choose to notify local authorities.

Getting back to normal can take a long time and you may be wondering if there is anyone who can help. Many survivors have found it helpful to talk to rape crisis

counselors. You may call the 24-hour National Sexual Assault Hotline, operated by RAINN, at 1-800-656-HOPE or WRAP's 24/7 Hotline, 1-800-273-8712. By calling this number, you will be automatically connected to your closest rape crisis center. Rape crisis centers are on call 24-hours a day waiting to help you.

A student who individually, or in concert with others, participates or attempts to participate in a sexual offense is subject to disciplinary actions by the College notwithstanding any actions that may or may not be taken by law enforcement authorities.

The college disciplinary procedures includes:

- The right for the accused and the complainant to be present at any hearing.
- The right to have a support person present during the hearing. This person is not entitled to represent the complainant or to assist in the testimony.
- The right to have a hearing closed to spectators unless both the accused and the complainant consent in writing to have the hearing open to the public.
- The right to know the outcome of the hearing as defined by the Federal Educational Rights and Privacy Act.
- The discipline for acts of sexual assault may include suspension or dismissal from college.
- If requested by victims of alleged sexual offenses, the College will adjust class schedules or other reasonable actions that will reduce fear or concern.
- Students involved in sexual abuse or violent situations are encouraged to seek assistance from the college counselor at 731-286-3242 or [counselor@dsc.edu](mailto:counselor@dsc.edu).

Dyersburg State provides college-wide programs that focus on sexual assault and abuse situations. These programs focus on current strategies and available options in the event of assaults or difficult situations.

If you have any questions about Dyersburg State's sexual assault program, please call the Office of the Dean of Student Services at 731-286-3234.

## SAFETY PRECAUTIONS

### **Always be aware of your surroundings**

Be aware of your surroundings and think of where you can go, and where you can get help if you need it. People frequently ask, “Where are the dangerous areas?”. We tell people to be aware of surroundings wherever they are, not just in “dangerous areas”. What is a dangerous area? Instead of naming places, apply these three (3) criteria of a place that has higher risk.

- Isolation, by location, darkness or both.
- Limited escape routes.
- Limited or no means of communication to summon help.

*Higher risk areas could be anywhere that meets any one or all of those criteria.*

At DSCC, Security is available to escort you both to and from your classes on the Dyersburg campus, contact them at 731-589-3250 or extension 910. Call security at 901-201-1344 at the Jimmy Naifeh Center at Tipton County and at the DSCC Gibson County Center, call 731-222-5141.

### **Carry a whistle or personal self-defense alarm**

These can be helpful to summon help for yourself or someone else in the event of an emergency. If you keep the whistle on your keychain, it can be used as a mental reminder for you to be aware of your surroundings and your safety each time you use your keys.

## SAFE NIGHTTIME SERVICES

As noted, Dyersburg State Community College Security is available to escort you both to and from your classes on the Dyersburg campus. Contact them at 731-589-3250 or at campus extension 910. Call 731-222-5141 to request assistance at the Gibson County Center. Call 901-201-1344 for assistance at the Jimmy Naifeh Center at Tipton County.



## ROHYPHNOL: the “Date Rape Drug”

Rohyphnol is known as the “date rape drug”; its street name is “roofies”. In recent years, there has been information in the media informing people of the dangers of this drug. It was first developed as an anesthetic. Although manufactured in the US, it is not legal for use and is exported to Mexico. People are urged to take precautions against this and any other drug that can be added to a beverage. Originally Rohyphnol was odorless and tasteless, and could be added to a drink and ingested without the victim being aware of it. Changes have been made to make the drug visible in a drink so it can be tasted or detected when you can’t see the color of the drink. Effects are similar to those of alcohol as it can reduce inhibitions, impair judgment and cause the victim to become unconscious. When combined with alcohol, the effects can be magnified. Additionally, Rohyphnol can produce amnesia and the victim may not remember what happened while under the influence of the drug.

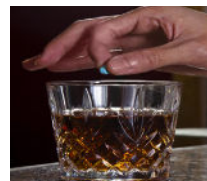
### **Use the following tips to help reduce the risk of exposure to this or any other drug:**

- Do not accept an open container from anyone, and ask that you open any containers yourself.
- Maintain positive control of your drink at all times. If you cannot say that it would have been impossible for anyone to place anything in your drink, then throw it away.
- If you leave your drink unattended for any length of time, get a new drink.
- Do not leave your drink out for anyone else to drink.

### **Symptoms:**

If you are not drinking alcohol and feel intoxicated, or if you are drinking alcohol and feel that you are more intoxicated than you should be given how much you’ve consumed, have a trusted friend take you to a medical facility immediately. There are tests to detect the presence of Rohyphnol, but they must be taken within 48 to 72 hours of ingestion of the drug.

The potential for illegal use of Rohyphnol exists, and we need to protect ourselves from it. However, evidence shows that the date rape drug of choice on most campuses is alcohol. Approximately 80% of the acquaintance assaults reported by students are related to alcohol on the part of the victim, the offender or both.



## Definitions Required by VAWA

**Stalking**—Stalking is a willful course of conduct involving repeated or continuing harassment of another individual that would cause a reasonable person to feel terrorized, frightened, intimidated, threatened, harassed, or molested, and that actually causes the accuser to feel terrorized, frightened, intimidated, threatened, harassed, or molested. Harassment means conduct directed toward the accuser that includes, but is not limited to, repeated or continuing unconsented contact that would cause a reasonable person to suffer emotional distress, and that actually causes the accuser to suffer emotional distress. Harassment does not include constitutionally protected activity or conduct that serves a legitimate purpose. TCA 39-17-315

**Sexual Assault**—The nonconsensual sexual contact with the accuser by the accused, or the accused by the accuser when force or coercion is used to accomplish the act, the sexual contact is accomplished without consent of the accuser, and the accused knows or has reason to know at the time of the contact that the accuser did not or could not consent. Sexual contact includes, but is not limited to, the intentional touching of the accuser's, the accused's, or any other person's intimate parts, or the intentional touching of the clothing covering the immediate area of the accuser's, the accused's, or any other person's intimate parts, if that intentional touching can be reasonably construed as being for the purpose of sexual arousal or gratification.

**Domestic Violence**—Violence against a person when the accuser and accused:

- (1) are current or former spouses;
- (2) live together or have lived together;
- (3) are related by blood or adoption;
- (4) are related or were formally related by marriage; or,
- (5) are adult or minor children of a person in a relationship described above.

Domestic violence includes, but is not necessarily limited to,

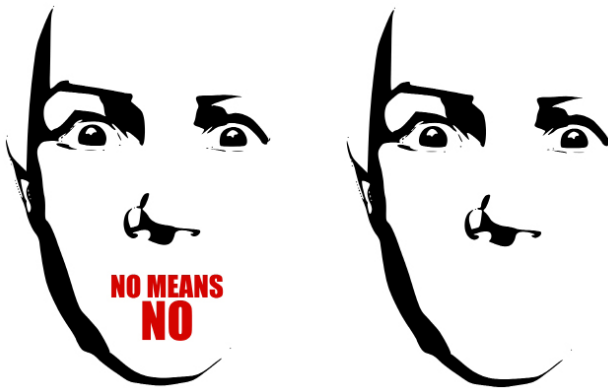
- (1) inflicting, or attempting to inflict, physical injury on the accuser by other than accidental means;
- (2) placing the accuser in fear of physical harm;
- (3) physical restraint;
- (4) malicious damage to the personal property of the accuser, including inflicting, or attempting to inflict, physical injury on any animal owned, possessed, leased, kept, or held by the accuser; or,
- (5) placing the accuser in fear of physical harm to any animal owned, possessed, leased, kept, or held by the accuser. TCA 36-3-601.



**Dating Violence**—Violence against a person when the accuser and accused are dating, or who have dated, or who have or had a sexual relationship. “Dating” and “dated” do not include fraternization between two (2) individuals solely in a business or non-romantic social context. Violence includes, but is not necessarily limited to,

- (1) inflicting, or attempting to inflict, physical injury on the accuser by other than accidental means,
- (2) placing the accuser in fear of physical harm,
- (3) physical restraint,
- (4) malicious damage to the personal property of the accuser, including inflicting, or attempting to inflict, physical injury on any animal owned, possessed, leased, kept, or held by the accuser; or,
- (5) placing a victim in fear of physical harm to any animal owned, possessed, leased, kept, or held by the accuser. TCA 36-3-601(5)(c).

**Consent**—An informed decision, freely given, made through mutually understandable words or actions that indicate a willingness to participate in mutually agreed upon sexual activity. Consent cannot be given by an individual who is asleep; unconscious; or mentally or physically incapacitated, either through the effect of drugs or alcohol or for any other reason; or, is under duress, threat, coercion, or force. Past consent does not imply future consent. Silence or an absence of resistance does not imply consent. Consent can be withdrawn at any time.



## 4 free apps that could help prevent sexual assault

Find the full article at USA Today Online College/By: Jaleesa Jones June 1, 2014 11:25 am

These four free apps could help prevent sexual assault, harassment or dangerous encounters in any situation — even if you're just walking to your car in a dark parking lot.

1. bSafe - A multi-feature app designed to quell safety concerns as you travel. While the app requires you to register one primary contact, users can add an unlimited number of friends. Highlights of the app include a "Follow Me" feature, which enables users' guardians or friends to track their journey in real-time using GPS technology, and an "I'm Here" feature, which alerts contacts when a user has arrived at their destination.

There is also an S.O.S. feature, and a timer feature which triggers an alarm when users do not check-in on time. A video recording begins once the alarm is activated to collect evidence of a possible crime.

2. Circle of 6 - Designed specifically to combat sexual assault and interpersonal violence, this app allows users to select six friends to form a trust circle. The app uses GPS location and comes with automated messages — including "Come and get me. I need help getting home safely" and "Call and pretend you need me. I need an interruption" — to provide interference in a potentially distressing situation.

There's also a built-in hotline, which allows users to specify the nature of their emergency.

3. Hollaback! - The pervasiveness of street harassment can make sidewalks seem like gauntlets. With cat-callers leering and, at times, groping at women, it's easy to leave these claustrophobic spaces feeling afraid or ashamed.

Hollaback! seeks to project that shame back on street harassers. The app allows users to instantly report harassment and pinpoint exactly where it occurred. Users also have the option to upload a photo of the incident.

While Hollaback! may not have built-in alert systems like the others, it predicated on an important idea undergirding the anti-violence discussion: The importance of standing up and sharing our experiences.

4. Guardly - Looking for a more discreet app? Guardly may be your go-to. This one-tap app lets users add up to 15 contacts and create separate networks based on situation or location.

With GPS technology and network failure protection, Guardly works by allowing users to send one-way alerts to their contacts in the event of an emergency. College students should sign up with Guardly using their school email address. Upon registration, Guardly will connect students with campus police if they set off an emergency alert on campus.

While users can download Guardly for free, the app does offer a premium version, which can be accessed for \$1.99 a month or \$19.99 a year. Added benefits of the premium version include conference call capability, private instant messaging and continuous GPS tracking during calls.

While free apps are ideal, the following apps are also be worth checking out:

1. LifeLine Response (\$6.99)
2. Red Panic Button (\$2.99)
3. React Mobile (\$1.99/month, \$19.99/year)
4. StaySafe (\$6.99)
5. WatchOverMe (\$3.99/month, \$23.99/year)
6. MyForce (\$11.99/month, \$119.99/year)
7. OnWatch (Free 30-day trial, \$2.99/month, \$19.99/year)



**DSCC**

## **Statement of Vision**

Dyersburg State Community College will elevate the region's educational attainment thereby enhancing the quality of life in West Tennessee.

## **About DSCC**

Dyersburg State Community College is an open access, learning-centered institution that serves seven counties in West Tennessee. Founded in 1969, DSCC's vision is to elevate the region's educational attainment thereby enhancing the quality of life in West Tennessee. The home campus of DSCC is in Dyersburg, and centers are located in Covington and Trenton. DSCC offers Tennessee Transfer Pathways programs, career technical certificates and degrees; learning support courses, continuing education and public service programs. The college is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award the associate degree. Learning is enhanced by a variety of College organizations, state of the art technology and intercollegiate athletic programs.



**DYERSBURG STATE**

COMMUNITY COLLEGE

**Dyersburg • Covington • Trenton**

**1510 Lake Road, Dyersburg, TN 38024 / 731-286-3200 / [www.dsc.edu](http://www.dsc.edu)**

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